



WAIVER, RELEASE AND INDEMNIFICATION:

Every athlete, must read this Waiver prior to the commencement of any online session. In consideration of the right and opportunity to participate in the online sessions conducted by NSA Hockey, the athlete hereby acknowledges and agrees as follows: I hereby consent to the use without compensation, of my name and/or likeness, biographical material and/or voice in publicity and advertising concerning the online sessions by NSA Hockey partners or sponsors in any and all media and/or promotion and throughout the world. In addition, the athlete forever generally and completely release and discharge and shall indemnify and hold harmless NSA Hockey and its owners, employees, directors, officers, agents, sponsors, partners and licensees and each other party affiliated with NSA Hockey and each of its owners, agents, directors, officers, employees, sponsors and partners (collectively, "Event Organizers") against and from any and all claims and demands of every kind and nature whatsoever, for damages or injuries, actual or consequential, past, present or future, arising out of or in any way related to the online sessions, including but not limited to any claims of injury from participating in OR observing the online sessions, the damage of personal property by athlete or otherwise during the online session, any publicity relating to the online session, or any prizes awarded. The athlete acknowledges that of their own free will he/she has chosen to participate in the online sessions and related activities. I understand and acknowledge that the aforementioned activities carry with them a high level of risk of injury and additional hazards related thereto. I certify that I am aware of, and accept, these increased risks and that I am mentally and physically prepared for the risks associated with the online sessions. This general release shall further apply to all unknown, unanticipated, unsuspected, and undisclosed claims, demands, liabilities, actions or causes of action, in law, equity or otherwise. This Waiver shall bind the heirs, personal representatives, and successors of the undersigned, and inure to the benefit of the Event Organizers.

I HAVE READ AND UNDERSTAND THE TERMS OF THE ABOVE AGREEMENT, WILL COMPLY WITH THE TERMS HEREOF AND ACKNOWLEDGE THAT BY JOINING THE ONLINE SESSIONS, I AM ACCEPTING THIS FORM AND AM GIVING UP LEGAL RIGHTS.